

START *with* SHARING

Soup of the Day	5.00
Ask your server.	
Sampler	20.00
A platter of chicken tenders, chicken wings, mozzarella cheese sticks, and pierogis. Served with kettle chips or fries and house made dips.	
Chicken Wings (GF)	10.00
Tossed in your choice of hot sauce, honey garlic, BBQ sauce, sweet chili or salt & pepper.	
Deep Fried Pickles	9.00
Dill pickles breaded and fried until golden brown. Served with ranch for dipping.	
Mozzarella Sticks (VT)	9.00
Mozzarella cheese sticks breaded and fried until golden brown. Served with spicy mayo for dipping.	
Cauliflower 65 (VT)	10.00
Crisp battered cauliflower tossed with spicy red chili sauce.	
Poutine	8.00
Traditional poutine gravy, fries and fresh cheese curds	
- Add Buffalo Chicken \$3	
Mexi Fries (VT)	10.00
Waffle fries with green onion, tomato, peppers, cheese, sour cream and salsa.	
- Add Buffalo Chicken \$3	
- Add Ground Beef \$3	
Pierogis (VT)	8.00
A small dough dumpling stuffed with potato and cheese served with onion and sour cream.	
Kettle Chips (VT) (GF)	7.00
Crisp house made kettle chips and ranch dip.	
Onion Rings (VT)	8.00
French Fries (VG) (GF)	6.00
Sweet Potato Fries (VG) (GF)	7.00
Waffle Fries	7.00
Side Gravy	1.50

EAT *your* GREENS

Caesar Salad	7.50
Romaine lettuce crowned with shredded Parmesan and garlic croutons. Add \$5 for sliced chicken breast.	
Green Salad (VT)	7.50
Artisan mixed greens tossed with tomato, cucumber and your choice of dressing. Add \$5 for sliced chicken breast.	
Taco Salad (VG) (GF)	12.00
Romaine lettuce, seasoned ground beef, corn, and beans, topped with crispy tortilla chips, salsa, and sour cream.	

Some ingredients are produced on campus, including our herbs, honey, and micro-greens.

GST will be added to all menu prices.

PLATES *and* BOWLS

Turkey Club	12.00
Sliced turkey, bacon, Swiss cheese with fresh lettuce, tomato and cranberry mayo. Served on ciabatta bread. Served with your choice of side.	
Chicken Tender & Fries	12.00
Served with plum sauce.	
Beer Battered Fish & Chips	13.00
Draft beer-battered cod and fries served with tartar sauce.	
Breakfast Bowl VT	8.00
Two eggs scrambled, chopped peppers and onions served with tater tots sprinkled with cheese.	
Szechuan Rice Bowl	12.00
Thinly sliced carrots, peppers, and cucumbers over jasmine rice. Topped with your choice of szechuan chicken or beef.	
Buffalo Chicken Caesar Wrap	12.00
Crispy buffalo chicken, romaine lettuce, caesar dressing wrapped in a tortilla sheet served with your choice of side.	
Beef Dip	12.50
Thinly sliced roast beef on a French roll served with Swiss cheese and Au jus, served with your choice of side.	
Chicken Quesadilla	12.00
Tortilla sheet filled with chicken, onion, peppers, cheese and jalapenos served with salsa and sour cream.	

BEST *of* BURGERS

All burgers are topped with lettuce and tomato. Served with your choice of fries, side salad, or soup. Add \$1 for onion rings or sweet potato fries.

Towers Burger	13.50
Brioche roll with a beef patty, sharp cheddar cheese, smoked bacon, sautéed mushrooms and onions, and a thick-cut beer-battered onion ring.	
Crispy Buffalo Chicken Burger	13.00
Brioche roll with crispy buffalo chicken burger and Swiss cheese.	
Black Bean Burger VT	12.00
Brioche roll with a grilled black bean burger and provolone.	
Classic Burger	10.00
Brioche roll with your choice of a chuck ground beef patty or grilled chicken breast topped with cheese.	
+ Bacon	2.00
+ Cheese	1.00
+ Sautéed Mushrooms	1.00
+ Beef Patty	5.00
+ Chicken Breast	5.00
+ Gluten Free Bun	1.00

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VEGETARIAN



VEGAN



GLUTEN FREE